# Human Factors and Life Support in Apollo

Engineering Apollo 16.395/ESD.30/STS.471 Prof. Laurence R. Young

# 1958 NACA Space Technology

Study Chaired by Guy Stever of MIT **Human Factors and Training Group** chaired by Randy Lovelace, MD 15 Technical Areas Wiesner and Abelson wanted NASA out of the science Need for a basic biomedical research program

## 1958 HF and Life Science Issues

- 1. Program administration
- 2. Acceleration
- 3. Hi-intensity space radiation
- 4. Cosmic radiation
- 5. Nuclear propulsion
- 6. Ionization effects
- 7. Human info processing/comm.

# 1958 HF and Life Science Issues (cont)

- 8. Displays
- 9. Closed-cycle living
- 10. Balloon simulators
- 12. Space capsules
- 13. Crew selection and training
- 14. Research Centers
- 15. Launch sites

#### Major Life Science Issues

Astronaut Selection

Medical Requirements

Skill Set

Life Support Systems
Accelerations
Atmosphere

#### Early Biomedical Concerns

**Heart Failure** 

Pneumonia

Muscle cramps

Balance

Sleep

Bone loss

Eating/drinking

Disorientation

Manual control

Vision

Hearing

Separation

#### **Acceleration Tolerance**

Transverse (Eyeballs In)

Fitted couches

Decreased tolerance

#### Animals in Space First?

Science Community wanted Animals
Chimps trained for flight
Enos had ectopic heart beats
Ham successful in Mercury suborbital
flight

X-15 program seemed to qualify man for flights

Biosatellite 3 flights with chimps 1963-67





## Office for Biotechnology & Human Research

Man-machine integration
Advanced life support
(AG and closed systems)
In-flight animal studies
Bioinstrumentation

### In-Flight Medical Monitoring

#### No knowledge of o-g tolerance

A source of friction with crews

Originally only:

Body temp. (rectal, then oral)

Respiration rates (thermistor then impedance pneumograph)

Blood pressure, later, ECG

Reliance on voice and interrogation

### Pilots vs. Flight Docs

Pilots feel invincible

Flight surgeons are conservative and are considered a threat

Scientific community wants more studies See Charles Berry quote, p. 149 of Engle and Lott

#### **Astronaut Duties**

Backup of the automatics systems
Scientific observer
Engineering observer
Test pilot

### **Crew Training**

Space familiarization

High performance aircraft

Exposure to stresses

Simulation

### Flight Crew Training

Selection
Physical health
Mental health
Test Pilot Experience
Training

# Coordination of Manned Program

NACA WG on Human Factors
Chaired by Guy Stever (MIT)
Report by Randy Lovelace
Air Force Lead (X-15 and beyond)
Dyna-Soar

#### Mercury Biomedicine

Life Science Advisory Committee, 1959

Randy Lovelace, Chair

Stan White, MD

Bob Voas, PhD

Only involved in selection

# 14 day Gemini key to Apollo Biomedicine

Acceleration

(Henry-Gauer)

Pneumatic cuffs

Bungee exerciser

Weightlessness

Radiation

Capsule environment

Waste management

Isolation

Sleep

Man-machine

Food and water

**RBC** loss found

#### Life Science in Apollo

Microgravity Effects
Radiation Protection
Planetary Protection
Other science

### Oxygen vs Air

Oxygen Advantages
Lower pressure
Lighter structure
Avoids hypoxia
Avoids bends
Simpler engineering

Oxygen disadvantages
Long term hyperoxia
Fire hazard
Science impact
Toxic oxidation
products

#### Carbon Dioxide

Potentially lethal if not regulated
Simple LiOH Cannisters
Need for monitoring
Later – molecular sieve and other
chemical reactions

### US and Soviet Spacecraft

Figures removed due to copyright restrictions.

Graph of atmosphere compositions of various U.S. and Soviet spacecraft, and image of the Apollo-Soyuz joint mission.

### Pre-Selection Testing

Only active duty military test pilots tested IQ and engineering and math aptitude Medical evaluation Centrifuge Hypo-baric chamber Thermal chamber Parabolic flight

#### ORIGINAL SEVEN

Selected for:

Intelligence

Physical Stamina

Health

Science/Engineering

Light Weight

Not too tall (71 in.)

Below 35 (later 39) yrs

#### Pilot Performance

Disorientation

**Isolation** 

Illness

Recency

### Space Suits

Designs based on high altitude pressure suits
Backup to cabin pressurization
EVA mobility
Pure oxygen PLSS, 3.7 psi
Evaporative cooling, later liquid cooling
Excessive heat production