## A Hands on Introduction to NMR

## 22.920

## Lab & Problem Set #1

## Nuclear Spin and Magnetic Resonance

- Introduction to the spectrometer.
- Observation of an FID from water.
- Fourier transformation and processing of the FID to a spectrum.
- The effect of changing the magnetic field strength.
- Introduction to shimming.
- 1. Why does one need to measure both the x and y-components of the nuclear magnetization?

- 2. What is accomplished by phasing the spectrum?
- 3. Relate the zero-order phase correction to the starting location of the spin magnetization.
- 4. How does varying the magnetic field strength influence the FID and the spectrum.
- 5. What is the influence of shimming on the FID and the spectrum?

6. Relate the shape of the spectrum to the field distribution across the sample.