Example of Trig Substitution: 
$$\int \frac{dx}{x^2\sqrt{1+x^2}}$$
  
 $\int \frac{dx}{x^2\sqrt{1+x^2}} = ?$ 

This is an ugly integral. The square root is the ugliest part, so we'll try to rewrite it in such a way that we can get rid of the square. If we let  $x = \tan \theta$  then the identity  $\sec^2 \theta = 1 + \tan^2 \theta$  will allow this. We'll then have  $dx = \sec^2 \theta \, d\theta$ :

$$\int \frac{dx}{x^2 \sqrt{1+x^2}} = \int \frac{\sec^2 \theta \, d\theta}{\tan^2 \theta \sqrt{1+\tan^2 \theta}}$$
$$= \int \frac{\sec^2 \theta \, d\theta}{\tan^2 \theta \sqrt{\sec^2 \theta}}$$
$$= \int \frac{\sec^2 \theta \, d\theta}{\tan^2 \theta \sec \theta}$$
$$= \int \frac{\sec \theta \, d\theta}{\tan^2 \theta}$$

When faced with an assortment of different trig functions like this one, it's a good idea to rewrite everything in terms of  $\sin \theta$  and  $\cos \theta$ :

$$\int \frac{dx}{x^2 \sqrt{1+x^2}} = \int \frac{\frac{1}{\cos \theta} d\theta}{\frac{\sin^2 \theta}{\cos^2 \theta}}$$
$$= \int \frac{\cos^2 \theta d\theta}{\cos \theta \sin^2 \theta}$$
$$= \int \frac{\cos \theta d\theta}{\sin^2 \theta}$$

The ugliest part of this integral is the  $\sin^2 \theta$  in the denominator. Since  $\cos \theta \, d\theta$  is the derivative of  $\sin \theta$ , we make the substitution  $u = \sin \theta$ ,  $du = \cos \theta \, d\theta$ :

$$\int \frac{dx}{x^2 \sqrt{1+x^2}} = \int \frac{\cos \theta \, d\theta}{\sin^2 \theta}$$
$$= \int \frac{du}{u^2}$$
$$= -\frac{1}{u} + c$$

Now we have to reverse our substitutions:

$$\int \frac{dx}{x^2 \sqrt{1+x^2}} = -\frac{1}{\sin \theta} + c$$
$$= -\csc \theta + c$$

It's not clear how to undo the substitution  $x = \tan \theta$ . Luckily there is a general method for undoing substitutions like this, which is to go back to thinking of trig functions as ratios of side lengths of a right triangle.



Figure 1: Undoing trig substitution.

We know  $x = \tan \theta$  and we know that  $\tan \theta$  equals the length of the leg opposite  $\theta$  divided by the length of the leg adjacent to  $\theta$ . Figure 1 shows a right triangle with an angle  $\theta$ , an opposite leg of length x, and an adjacent leg of length 1.

The Pythagorean theorem tells us that the hypotenuse must have length  $\sqrt{1+x^2}$ . Now we can deduce that:

$$\csc \theta = \frac{\mathrm{hyp}}{\mathrm{opp}} = \frac{\sqrt{1+x^2}}{x}.$$

Hence,

$$\int \frac{dx}{x^2 \sqrt{1+x^2}} = -\frac{\sqrt{1+x^2}}{x} + c.$$

In the process of computing this integral we saw the following: trig substitution, rewriting trig functions in terms of sine and cosine, direct substitution, and undoing trig substitution.

What actually happened when we undid that trig substitution was that we computed  $\csc(\arctan(x))$ . In other words, we composed a trig function with the inverse of another trig function.

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