

# Lecture 18, Nature Sandwich Notes, 3.054

## Sandwich structures in nature

- Previously, saw sandwich structures efficient in resisting bending, buckling
- Sandwich panels also appear in nature:
  - leaves of monocotyledon plants (grasses, corn, iris)
  - skulls (esp. birds)
  - shells of some arthropods (e.g. horseshoe crab)
  - cuttlefish bone (mollusk)

## Leaves

- Leaves must provide for structural support as well as large surface area for photosynthesis
- Iris, cattail, ryegrass, giant feather grass - leaves all sandwich structures

## Iris leaves

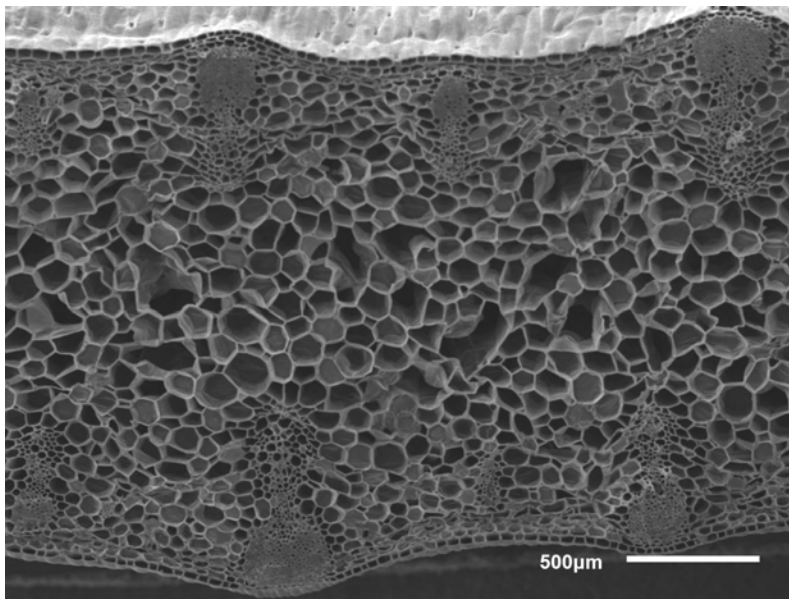
- Nearly fully dense ribs (sclerenchyma) running along length of outer surfaces
- Ribs separated by a core of foam-like parenchyma cells

# Leaves

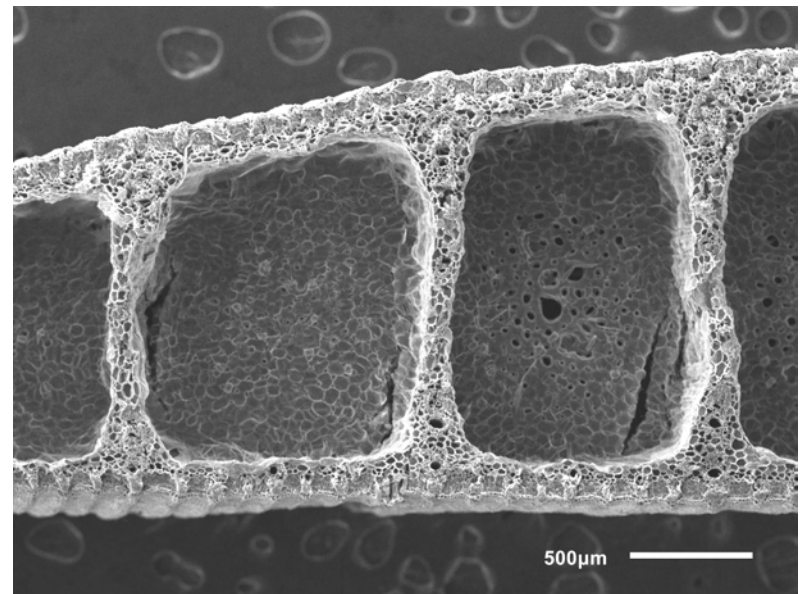


Photo of Blaschka glass flowers (iris) at the Harvard Museum of Natural History. Courtesy of [Andrew Kuchling](#) on Flickr. License: CC-BY.

# Leaves



Iris



Cattail  
(Bulrush)

# Leaves

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# Iris leaf

Figures removed due to copyright restrictions. See Figures 3 and 4: Gibson, L. J., M. F. Ashby, et al. "[Structure and Mechanics of the Iris Leaf](#)." *Journal of Material Science* 23 (1988): 3041-48.

- Outer face
  - ribs connected by single layer of roughly square cells
  - jointly act as fiber reinforced composite
- Measurements of leaf microstructure summarized in Table
- Can analyze leaf as a sandwich structure
- Compare analysis with bending tests on fresh iris leaves
  - cantilevers with weights hung from free end ( $B_1 = 3$ ,  $B_2 = 1$ )

$$\left(\frac{\delta}{P}\right)_{\text{calc}} = \frac{2l^3}{3E_f b t c^2} + \frac{l}{G_c^* b c}$$

t,c        measured from micrographs (Table)

b,l        from beam bending tests

$E_f, G_c^*$         need to estimate

- $E_f$
- can be estimated from  $E_{rib}V_{rib}$  in face (neglect contribution of square cells in face)
  - ribs — sclerenchyma
  - previous studies — sclerenchyma from grass leaf fibers  $E_{scler} = 2-23$  GPa
  - tensile tests on iris leaves  $E_{rib} = 21$  GPa
  - volume fraction of ribs in the faces is 0.39
- $$E_f = 0.39E_{rib} = 8.2 \text{ GPa}$$
- $G_c^*$
- assume tissue fresh (E parenchyma constant at high/normal turgor pressure)
  - data for  $E_{parenchyma} = 0.5-6$  MPa
  - take  $E_{parenchyma} \approx 4$  MPa
  - $G_c^* \sim 1/2 E_{parenchyma} = 2$  MPa

# Parenchyma Properties

| Plant material | Young's modulus, $E'$ or shear modulus, $G'$ (MPa) | Compressive strength, $\sigma'_{comp}$ (MPa) | Reference                  |
|----------------|--|--|----------------------------|
| Apple          | $E' = 0.31-3.46$                                   | 0.66   | Oye et al., 2007           |
| Apple          | $E' = 2.8-5.8$                                     | 0.25-0.37                                    | Lin & Pitt, 1986           |
| Apple          | $G' = 1-6$   |  | Vincent, 1989              |
| Potato         | $E' = 3.6$   | 1.3  | Lin & Pitt, 1986           |
| Potato         | $E' = 3.5$   |  | Scanlon et al, 1996        |
| Potato         | $E' = 5.5$   | 0.27   | Hiller & Jeronimides, 1996 |
| Potato         | $G' = 0.5-1$                                       |  | Scanlon et al., 1996; 1998 |
| Carrot         | $E' = 2-14$  |  | Georget et al., 2003       |

Data for fresh, wet tissue, at normal turgor.

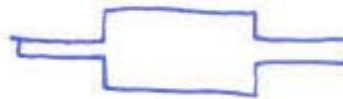
Gibson, L. J., M. Ashby, and B. A. Harley. *Cellular Materials in Nature and Medicine*. Cambridge University Press. © 2010. Figure courtesy of Lorna Gibson and Cambridge University Press.



- Using sandwich beam theory, can estimate  $P/\delta$  (Table)
- Calculation complicated by irregular thickness of core across section:



- Rough attempt to account for this by dividing cross-section into sub-units



- Found calculated  $P/\rho$  overestimated measured  $P/\rho$  by 16-83%
- Agreement OK for the various approximations and estimates mode

## Strength of the leaf

Faces:  $\sigma_{ys} = ?$

- Previous tests on tensile strength of gross leaves found

$$\sigma_f \text{ (in MPa)} = 1.44 (V_{\text{sclerenchyma}} \times 100) + 1.53$$

$\uparrow$   
 vol. fraction

- In iris, ribs (assume all sclerenchyma) are 80% dense and make up 40% of face  
 $\sigma_{yf} = 1.44(0.8 \times 0.4 \times 100) + 1.53 = 47 \text{ MPa}$

# Iris Sandwich Analysis

**Table 6.2 Beam bending results**

| <b>Specimen</b>                              | <b>1</b>              | <b>2</b>              | <b>3</b>              | <b>4</b>              |
|--|-----------------------|-----------------------|-----------------------|-----------------------|
| Measured beam stiffness, $P/\delta$ (N/mm)   | 0.66                  | 0.54                  | 0.41                  | 0.25                  |
| Beam length, $l$ (mm)                        | 35                    | 35                    | 35                    | 35                    |
| Face thickness, $f$ (mm)                     | 0.03                  | 0.03                  | 0.03                  | 0.03                  |
| Maximum core thickness, $c$ (mm)             | 4.63                  | 3.31                  | 2.49                  | 1.51                  |
| Width, $b$ (mm)                              | 18                    | 18                    | 18                    | 18                    |
| Flexural rigidity, $D$ (Nm <sup>2</sup> )    | 0.027                 | 0.016                 | 0.0096                | 0.0051                |
| Bending compliance, $(\delta/P)_b$ (m/N)     | $5.29 \times 10^{-4}$ | $8.98 \times 10^{-4}$ | $1.49 \times 10^{-3}$ | $2.83 \times 10^{-3}$ |
| Shear compliance, $(\delta/P)_s$ (m/N)       | $2.99 \times 10^{-4}$ | $3.83 \times 10^{-4}$ | $4.83 \times 10^{-4}$ | $6.3 \times 10^{-4}$  |
| Calculated beam stiffness, $P/\delta$ (N/mm) | 1.21                  | 0.78                  | 0.51                  | 0.29                  |
| Calculated/measured beam stiffness           | 1.83                  | 1.44                  | 1.24                  | 1.16                  |

Gibson, L. J., M. Ashby, and B. A. Harley. *Cellular Materials in Nature and Medicine*. Cambridge University Press. © 2010. Figure courtesy of Lorna Gibson and Cambridge University Press.

Core:  $\tau_c^* = ?$

- Literature  $\sigma_{\text{tension}}^* \approx 0.4 \text{ MPa}$  (parenchyma)
- Expect  $\tau_c^* \sim 1/2\sigma_{\text{tension}}^* \sim 0.2 \text{ MPa}$
- Calculate strength of iris leaf in wind — cantilever, uniformly distributed load ( $B_3 = 2$   $B_4 = 1$ )
- Calculate loads at base of leaf ( $M_{\text{max}}$ ):  $t \sim 0.03 \text{ mm}$   $l \sim 600 \text{ mm}$

face yielding:  $\frac{P_{fy}}{b c} = B_3 \sigma_{ys} \left(\frac{t}{l}\right) = (2)(47 \text{ MPa}) \left(\frac{0.03}{600}\right) = 4.7 \text{ kPa}$

face wrinkling:  $\frac{P_{fw}}{b c} = 0.57 B_3 E_f^{1/3} E_c^{*2/3} (t/l) = (0.57)(2)(8.2 \times 10^9)^{1/3} (4 \times 10^6)^{2/3} \left(\frac{0.03}{600}\right)$

core shear:  $\frac{P_{cs}}{b c} = B_4 \tau_c^* = (1) (0.2 \text{ MPa}) = 200 \text{ kPa}$

- Expect leaf failure by face wrinkling

- Are iris leaves optimized?
  - $\delta_s/\delta_b = 0.22-0.57$  in specimens tested
  - in minimum weight design for given stiffness  $\delta_s/\delta_b = 2$
  - but leaves have several functions beyond mechanical support:
    - photosynthesis requires large surface area
    - fluid transport
  - difficult to quantify relative importance of each function to plant
  - engineering optimization not possible

Additional examples of sandwich structures in nature:

- Marine “leaves” seaweed *Durvillaea antarctica*: fronds 12 m long  
honeycomb core
- Bird skulls
  - if inner and outer face concentric — trabeculae oriented perpendicular to cortical shell
  - if inner and outer face not concentric — trabeculae foam-like
  - larger birds have multiple sandwiches
    - since size of trabeculae relatively constant, this may allow larger core thickness
  - owl skull — asymmetry — improves hearing

## Comparison of optimized sandwich plate with solid plate of same stiffness

- Consider circular plate, radius  $R$ , simply supported ground circumference, subject to a uniformly distributed load  $q$  ( $\text{N}/\text{m}^2$ )
- Central plate deflection is  $\omega$
- If sandwich is optimized (based on analysis in book p.384)

$$\frac{\text{mass}}{\pi R^2} = 1.49 \left( \frac{q R}{\omega E_s} \right)^{3/5} \rho_s R \quad (\text{foam core})$$

- Equivalent solid plate:

$$\frac{\text{mass}}{\pi R^2} = 0.89 \left( \frac{q R}{\omega E_s} \right)^{1/5} \rho_s R$$

- Taking the ratio:

$$\frac{m_{\text{sandwich}}}{m_{\text{solid}}} = 1.67 \left( \frac{q R}{\omega E_s} \right)^{0.27}$$

- Consider bone sandwich, “foamed” trabecular core:  $R=100$  mm,  $P=500$  N,  $\omega = 1$  mm  
 $(= q\pi R^2) \quad E_s = 18$  GPa

$$\frac{q R}{\omega E_s} = 10^{-4} \quad \frac{m_{\text{sandwich}}}{m_{\text{solid}}} = 14\% \Rightarrow \text{optimized bone sandwich would be } 14\% \text{ weight of solid cortical panel}$$

Additional examples (continued)

- Cuttlefish bone (not a fish — a mollusk; not bone —  $\text{CaCO}_3$ )
- Horseshoe crab shell
- Tortoise shell (Galapagos)

# Durvillaea antarctica (New Zealand Seakelp)



Largest intertidal seaweed  
Fronds up to 12m long  
Fronds have gas-filled  
honeycomb-like core that  
provides buoyancy as well  
as flexural rigidity,  
maximizing surface area  
exposed to sunlight

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[http://en.wikipedia.org/wiki/File:Dried\\_bull\\_kelp\\_\(Durvillaea\\_antarctica\)\\_with\\_cross-section\\_showing\\_honeycomb\\_structure\\_IMG\\_102\\_1239.JPG](http://en.wikipedia.org/wiki/File:Dried_bull_kelp_(Durvillaea_antarctica)_with_cross-section_showing_honeycomb_structure_IMG_102_1239.JPG)

# Bird Skulls

Images of bird skulls removed due to copyright restrictions. See Figure 6.7: Gibson, L. J., M. Ashby, et al. *Cellular Materials in Nature and Medicine*. Cambridge University Press, 2010. <http://books.google.com/books?id=AKxiS4AKpyEC&pg=PA176>





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**Alison Curtis**

Photo of [owl imprint](#) in the snow removed due to copyright restrictions.

No footprints in the snow from mouse or vole; animal was under the snow  
<http://www.twincitiesnaturalist.com/2010/01/barred-owl-hunting-in-snow.html>

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<http://www.summitpost.org/disappearing-rabbit-trick/185785/c-186336>

Rabbit tracks in snow

<http://www.myconfinedspace.com/2006/12/21/owl-snowprint/>

# Cuttlefish bone

## Mollusc shell ( $\text{CaCO}_3$ )

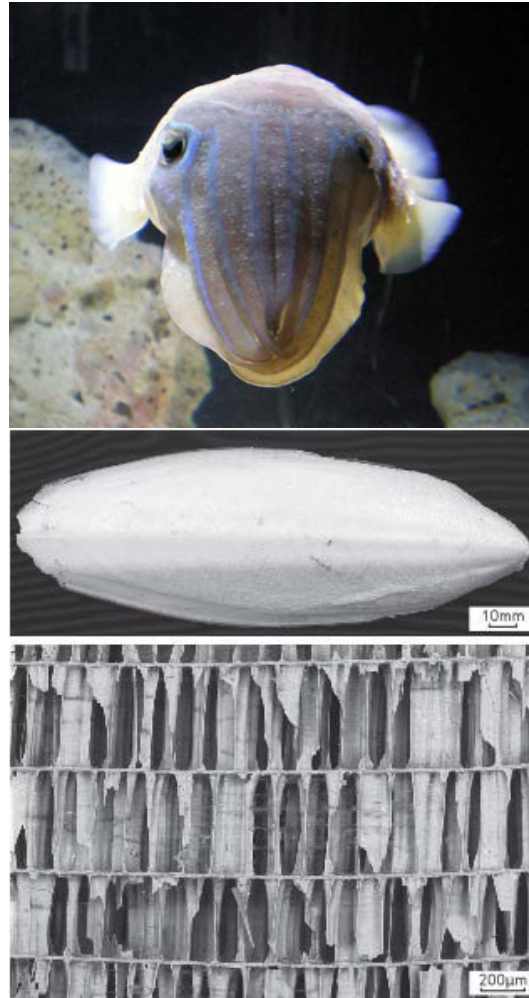


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# Horseshoe Crab Shell

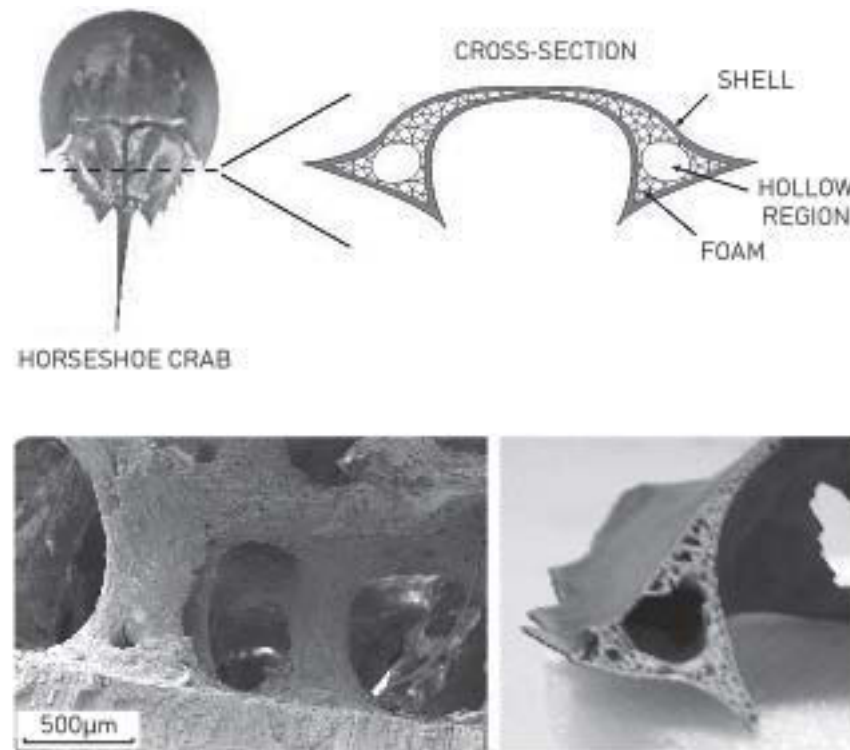


Figure 148: M. A. Meyers, P. -Y. Chen, et al. *Progress in Materials Science* 53 (2008): 1–206.  
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<http://www.sciencedirect.com/science/article/pii/S0079642507000254>

Meyers et al., 2008

# Galapagos Tortoise Shell



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