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Thanks, xkcd! Spoken language has patterns of stress, and you can construct utterances so these patterns fall into a regular beat, like iambics (weak/STRONG stress): well, I can MEET the PLANE at TEN of SIX. Penta (5) meter is when you have the weak/STRONG pattern repeated five times.

Other possibilities are trochaics (Let me call you when it's over), STRONG/weak; anapests (if I call from the road is that good?), weak/weak/STRONG; and dactyls (I do not like what you said to me), STRONG/weak/weak. And you can write lines in monometer (one metrical unit, rare); dimeter (like the dactylic example, two metrical units), trimester (like the anapests, three units), or tetrameter (like the trochaics).

The goal of these exercises is to help tune your ear so you can hear and recognize some of the possible metrical patterns in English.

1: Arrange four or more nouns (you can use the grocery list below, the periodic table, or any such set of related nouns) into two lists that exhibit two different stress patterns. You can use "and" if needed!

Groceries:

| leeks | rutabega | pinto beans | gomasio |
| :--- | :--- | :--- | :--- |
| Celeriac | carrots | prosciutto | furikake |
| broccoli | tomatoes | mozzarella | mayonnaise |
| Camembert | oranges | tofu | miso |
| Cheddar | jasmine rice | basmati | ketchup |
| lentils | oatmeal | chutney | injera |
| Swiss | granola | frozen spinach | (your groceries here) |

2. Let's imagine that the SHASS faculty play sports together - tennis, baseball, basketball, soccer, lacrosse, hockey, football, and so on - and you are writing about them. Using the lists of proper names below, write two sentences about their play roughly on the model of "X [did action] [to/with/for etc.] [object/person]."
E.g.: "Jim kicked the soccer ball to Wyn."

BUT - a/ make them metrical (that example isn't), and b/ try two different metrical patterns. "Ian passed the ball to Emma" would be an example in trochaic tetrameter (STRONG/weak x 4).

Hint: use polysyllabic words to make a start on the meter - the faculty names are grouped by the metrical feet they fall into. For a higher degree of difficulty, try working in monosyllables, which can play either weak or strong roles, depending on the sentence.

Names:

| (monosyllable) | trochee | iamb | dactyl | amphibrach* $^{*}$ |
| :--- | :--- | :--- | :--- | :--- |
| Jane | Emma | Joaquin | Kimberly | Diana |
| Pete | Shankar | Lissette | Christopher | Shigeru |
| Craig | Kenda | Michel | Harriet | Bettina |

Word examples

| Verbs; | Prepositions | Nouns |  |
| :--- | :--- | :--- | :--- |
| tackled | past | goal | hoop |
| played | on | hockey | goal line |
| ran | from | lacrosse | net |


| took | to | (the) ball | field |
| :--- | :--- | :--- | :--- |
| shot | at | puck | shot |
| passed | with | basketball | stick |
| dribbled | down | football |  |
| hit |  | tennis ball |  |

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