# 1.050 Engineering Mechanics I

Lecture 31

**Energy bounds in beam elasticity** 

# 1.050 - Content overview

## I. Dimensional analysis

1. On monsters, mice and mushrooms

2. Similarity relations: Important engineering tools

Lectures 1-3 Sept.

### II. Stresses and strength

3. Stresses and equilibrium

4. Strength models (how to design structures, foundations.. against mechanical failure)

Lectures 4-15 Sept./Oct.

#### III. Deformation and strain

5. How strain gages work?

6. How to measure deformation in a 3D structure/material?

Lectures 16-19 Oct.

# IV. Elasticity

7. Elasticity model – link stresses and deformation

8. Variational methods in elasticity

Lectures 20-31 Oct./Nov.

### V. How things fail – and how to avoid it

9. Elastic instabilities

10. Plasticity (permanent deformation)

11. Fracture mechanics

Lectures 32-37 Dec.

# 1.050 — Content overview

- I. Dimensional analysis
- II. Stresses and strength
- III. Deformation and strain
- IV. Elasticity

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Lecture 27: Introduction: Energy bounds in linear elasticity (1D system)

Lecture 28: Introduction: Energy bounds in linear elasticity (1D system), cont'd

Lecture 29: 1D examples

Lecture 30: Generalization to 3D

**Lecture 31: Energy bounds in beam elasticity** 

Lecture 32: Energy bounds in beam elasticity: How to solve problems

V. How things fail – and how to avoid it Lectures 33 to 37